

All patients between 11/21/2011- 1/13/2012

First Name	Age	History/diagnosis before treatment	How long have you had the pain?	Pain levels before first treatment	Range of motion before first treatment	Total # of sessions to date	Pain levels after treatment	Range of motion	# of Body areas	
Michelle	F 52	Neck pain 24 by 7, went through PT, acupuncture	More than 5 years	Neck & upper back pain: 8	Can't turn head w/o pain.	3	Neck/upper back pain: 1	Pain-free full range of motion	1	
Roger	M 20	Neck pain and a pointed pain at clavicle	3 years to 5 years	Neck & upper back pain: 6 Clavicle pain: 6	Painful movement of neck	2	All pain removed	Pain-free full range of motion	2	
We Qin	F 56		More than 5 years	Hip/thigh pain: 8 Leg/foot: 8 Lower back bothsides: 6		3	Hip/thigh pain: 1 Leg/foot: 0 Lower back left: 1 Lower back right: not treated.	Work in proress	3	
Brian	M 54	Shoulder and neck pain, Can't lift arm, went through PT, mssage	3 months to 1 year	Neck/upper back pain:8 ShoulderPain 10 Upper arm pain: 8 forearm pain: 4	Can't lift right arm above 45 degrees without pain.	4	Neck/upperbackpain: 0 Shoulder pain: 0 Upper arm pain 0 Forearm pain 0	Range of motion increased. But the arm could not lift beyond 120 degrees-- No pain though.	4	
Susan	F 39	Neck/shoulder/arm pain, went through PT, massage, accupuncture	More than 5 years	Neck/upper back pain:8 ShoulderPain 8 Upper arm pain: 4	Can't turn head w/o sharp pain. Can't life arm without pain.	3	Neck/upper back pain:2 ShoulderPain 0 Upper arm pain: 0	Can turn head and lift shoulder without pain.	3	
Xiaolin g	F 44	Neck pain and arm pain	3 months to 1 year	Neck/upper back pain:8 ForearmPain: 8 Lowever pain: 4	Can't sleep on the left side. Can't lift arm without pain. Pain 24x7	5	Pain free in all areas.	Able to sleep on either side without pain. All pain cleared. Full range of motion recovered. Feels great.	3	
Qiu	M 43	Back pain and forearm pain	1 year to 3 years	Mid back pain:2 Forearm pain: 4		1	All pain removed	Full range of motion recovered	2	
Henry	M 55	caporal tunnel syndrome, knee pain	Less that 3 months	Forearm pain:10 Knee pain:6		1	?	Patient did not return nor return calls.	"incomplete cases" = Assume failed	2
Wayne	M 56	Extensive pain everywhere. Can't walk without pain. Post-surgery pain at ribcage after stomach tube removal at UCSF, Went through pain management, rehab, PT, acupuncture.	More than 5 years	Neck/upper back pain:8 ShoulderPain 8 Mid/lower back pain 8 UpperArm pain: 6 Forearm pain: 6 Knee Pain: 6 Leg/foot pain: 8 Ribcage pain from stomach tube wound: 8	aching and in pain in every move/step.	2	Neck/upper back pain:0 ShoulderPain 0 Mid/lower back pain 2 UpperArm pain: 2 Forearm pain:not treated Knee Pain: 0 Leg/foot pain: 0 Ribcage pain from stomach tube wound: 0	Pain-free range of motion substantially increased. Quality of life substantially improved. Felt happy. Need more time to treat.	Work in progress	9
Binbin	F 63		More than 5 years	Neck/upper back pain:6 ShoulderPain 4 Mid/lower back pain 4 Knee Pain: 6 Leg/foot pain: 8	Constrained neck movement left and right.	4	Neck/upper back pain: 1 Shoulder pain: 1 Upper arm pain 0 Mid/lower back/ Knee /Leg not treated yet.	Most neck movement recovered. Did not have time to work on lower body.	7	
Sara	F 39	Headache, eye pain, all-body pain, manstrual pain 6 - 10 years		Manstrual Heachache: 9 Neck/upper back pain:6 ShoulderPain 6 Mid/lower back pain 8 UpperArm pain: 8 Forearm pain: 8 Hip/Thigh Pain: 6	Can hardly move without pain	3	Manstrual Heachache: 0 Neck/upper back pain:1 ShoulderPain 0 Mid/lower back pain 2 UpperArm pain: 0 Forearm pain: Yet to be treated Hip/Thigh Pain: 0			

William M	59		More than 10 years	Hip/Thigh pain: 8 Neck/upper back pain:6 ShoulderPain 6 Mid/lower back pain 8 Forearm pain: 6 Hip/thigh pain: 8 Knee Pain: 8 Leg/foot pain: 8		Level 3 after 1st treatment. Work in progress Neck/upper back Shoulder: not treated yet Mid/lower back pain: 0.5 Forearm pain: 6 Hip/thigh pain: 8 Knee Pain: 8 Leg/foot pain: 8	Can walk with much less pain Can turn and move with pain in the back. Work in progress.		1
Hassan M	35	Patient is veteran and now policeman with various injuries and chronic pain. Gone thru PT, massage, acupuncture.	6 - 10 years		Always in pain, feel exhausted everyday easily. (CFS?)				7
Edmund M	54	Car accident. Could not walk on right leg since. Persistant swelling & bruises on the right leg. Went through all types of therapies.	More than 5 years	Leg/foot pain 9 (left)	Can't walk without cane. On disability. Pain went stand/walk on left leg.	5 All pain removed.	Full range of motion regained.		1
Natalie F		injured in a bike accident	2 years	lower back pain 8 Shoulder pain: 8	Got 60% better after the first session	2 lower back pain 2 Shoulder pain: 1 Neck/upper back pain:3 ShoulderPain 3 UpperArm pain: 3 Mid/lower back/ Forearm/ Hip/Thigh Pain: Not treated yet	Pain-free range of motion recovered	Not sure if she will return due to substantial reduction	2
Chin F	44		Less that 3 months	Neck/upper back pain:6 ShoulderPain 8 Mid/lower back pain 6 UpperArm pain: 8 Forearm pain: 2 Hip/Thigh Pain: 6	NOTE: The patient is hypersensitive to stimuli, and has allodynia	1	The patient is not happy that the pain was not totally gone after the treatment. Has not returned yet.	Incomplete cases= Considered failure	6
Wu	52	Well known acupuncturist, specialized in pain. Referral from Dr. D. Lewis@Stanford. Tried PT, yoga, massage	5 years	lower back pain 8 Shoulder pain: 8		2 lower back pain 0 Shoulder pain left: 0			2
Terry F	54	54 therapies with no results.	2 years	Shoulder pain: 8		2 Pain free	Full range of motion recovered		1
king M	51		3 months to 1 year	Shoulder pain:8	Can't lift left arm above 110 degrees without pain.	2 Pain Free after 3 hours of treatment. Arm lift straight after 4 hours of treatment	Full range of motion recovered		1
Julia F	51		Less that 3 months	Neck/upper back pain: 6 Shoulder pain: 4	Can't turn head w/o soreness	1 Pain free on both sides of shoulder and neck after 2 hours	Full range of motion recovered		2
Sibyl F	52		6 - 10 years	Neck/upper back pain:8 ShoulderPain 6 Mid/lower back pain 8 UpperArm pain: 6 Forearm pain: 6 Hip/Thigh pain: 8 Knee pain: 8 Leg pain: 6		3 Neck/upper back pain:0 ShoulderPain: 0 Mid/lower back pain 0 UpperArm pain: 0 Forearm pain: 6 Not treated yet. Hip/Thigh pain: 0 (left) Knee, Leg pain: 6	Full range of motion recovered in treated areas	Work in progress	8

Jeff	M	60	Diagnosed rotator cuff tendoniti. Reduced but not recovered after PT for 18 months, 2 steroid injections. Plan for surgery. (Had had herniated disc at lower back since 10+ years ago)	2 years	Shoulder Pain: 6 Neck/Upper back pain: 4 Lower back pain: 4		1	All pain removed	Full range of motion recovered. Followed up after two weeks.	3
Kaz	M	49	Avid Merathon runner from Japan. Injured left leg 18 years. Kept training despite the pain. Pain came on/off.	18 years	left leg/calf: 8	The patient's pain seemed to be masked. Other pains started to show up as treatment progressed	2	All pain removed	Full range of motion recovered. Followed up after two weeks.	8

Special cases

Total cases
by body
area

78

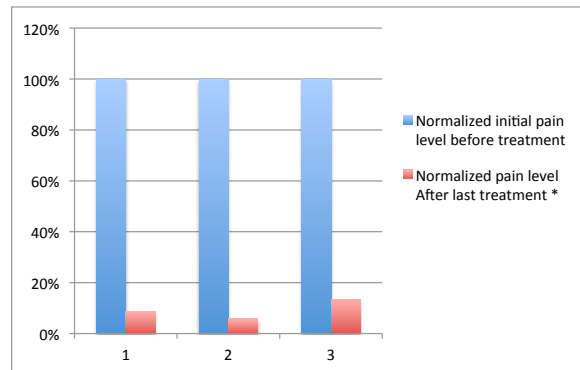
Sara	F	39	Manstrual pain: Headache, eye pain, during menstrual periods	27 years	Menstrual Heachache and pains around eyes: 9	Had manstrual pain EVERY period since her first one	2	Menstrual Heachache and pain around eyes: 0 - Pain free during last two menstrual periods	No longer disabled during menstrual period- very pleased. Will follow up on the next manstrual period	1
Juila	F	51	Diagnosed Interstitial Cystitis . Tested/examed by urologist. On medication for 2 two years w/o relief	11 years	Bladder pain: 7 @ 24x7 and 9 during intercourse and urination		2	Pain free 24x7 (including sex and urination)	All functions normal. Urologist examined and confirmed it two months after the treatment	1
Chumei	F	71	Diagnosed Parkinson's disease 10 years ago: rigidity, slowness of movement and difficulty with walking and gait. Can only take very small steps. But no tremor. Wheel chair bound. Pain on lower extremities when moving. Tingling toes	More than 10 years	Hip/thigh pain: 9 Leg pain: 8 Toes tingling: 5 Shoulder pain: 3	All Very slow movement and gaits. Feels falling forward.	7	All pain removed. Pain free after 7 sessions. Clear progress in every session.	"I can walk now!": Patient gains normal strength. Move faster and in large steps. No longer feels like to fall forward. Stable stance. Work in progress. Continue to monitor the patient	5
Shao	M	65	Diagnosed Parkinson's disease two years ago: rigidity, slowness of movement and difficulty to initiate walking. Can't turn easily on bed- felt "heavy".	2 years	Hip/thigh pain: 5	Slow gaits, slow movements on all extremities. Can't turn on bed.	2	All pain relieved after 2 sessions.	Can turn on bed now. Range of motion substantially improved two weeks after the last session. Continue to monitor the patient	1
Edward	M	57	Diagnosed chronic abacterial prostatitis/ pelvic pain syndrome	More than 5 years	Prostate pain when sitting: 8		2			1
Jialu	F	48	Rhumatoid Arthritis- with family history	More than 5 years	Pain on left & right last three fingers due to Rheumatoid Arthritis	Can't shake hands- too much pain	1	removed on the treated hand (right hand) for 3 weeks. However, pain started coming back gradually.	Not sure if it works for RA, an autoimmune condition	1
Andy's wife	F	70	Stokes. Left arm and left leg paralyzed and locked in a retracted position. Extremely painful to extend them, for changing cloth or doing physical therapy.	4 months	Pain on left arm: 9 (when pulled) Pain on left leg/thigh: 9 (when pulled)		2	Pain on left arm: 1 (when pulled) Pain on left leg/thigh: 2 (when pulled)	Arm and leg relaxed and no longer locked for a month when last checked. However, the patient was in ER again for BP> 220. Yet to follow up.	2

Total Special
cases by area

12

Summarized Outcome per Condition

	Qualified cases	INITIAL pain level (out of 10) - Avg	Normalized initial pain level before treatment	Normalized pain level After last treatment *	Range of sessions	average sessions
Neck/upper back pain	12	6.8	100%	9%	1 to 3	1.8
Shoulder pain	13	7.1	100%	6%	1 to 4	1.7
Mid/lower back pain	8	6.5	100%	13%	1 to 2	1.3



*Note: include incomplete cases

1: Neck/upper back pain
 2: Shoulder pain
 3: Mid/lower back pain